

2018 Recent News

2018 Management Committee Members



Ms Men Lin Chen (Chair)



Ms Winnie Li



Mr Chan Keung Ho (Vice Chair)



Ms Helen Ng



Mr Hoi Yat Tsoi (Secretary)



Ms Denise Ng



Mr Gavin Fung (Treasurer)



Ms Khoi Lai Tang



NEWSLETTER English version-July to Dec 2018

夏靈基 華人中心 訊

HARINGEY CHINESE CENTRE
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Chair: Men Lin Chen

Centre Manager: Raymond Yip

Charity number : 1051778

Funded By Haringey Council

Haringey Chinese School 2018 -19 New Enrolment

The new term will start on **8th September 2018**. Classes are held between 10:30am-12:30pm at the Park View School, West Green Rd, Tottenham, London N15 3QR. We have Mandarin classes from Years 1 to Year 8 IGCSE. Family with 2 or more children will be entitled for a discount towards the school fees. Same as last year, the school fee of **£185 (Year 8 £200)** plus the textbook fee **£20 / (£30 Year 6-8)** will apply to all existing / new students who pay before **31.07.2018**. Any payment from **01.08.2018**, an additional **£20 admin fee will apply to each student**.

Membership fee: Haringey Chinese School is one of the services run by the Haringey Chinese Centre (HCC); all parents must become as a member of HCC first before registering their child/children to our Chinese School. Membership fee per family is £8 per year. To register, please attend HCC's office during office hours to complete an application and school fees.



According to the new General Data Protection Regulation ("GDPR"), that comes into effect May 25, 2018.

To help comply with GDPR consent requirements, we need to confirm that you would like to receive content from us. We hope that our content is useful to you.

If you do not like to continue hearing from us, please let us know.

Mid-Autumn Festival Celebration Lunch To celebrate the annual Mid-Autumn Festival, HCC will be having a lunch on **Tuesday 25th Sept 2018**. Other than a plentiful lunch, we will also be having moon cakes to celebrate the festival.

Welcome for all those who wish to celebrate this festival with us. Ticket price for each person **£8.50**; please get ticket before 21.09.18 to avoid disappointment.

Christmas Celebration Lunch During December, which is full of Christmas spirit, HCC will be celebrating Christmas on Tuesday 18th Dec 2018. There will be plenty of food, raffle prizes and a present for those who attend. Ticket price for each person **£8.50**; please get ticket before 14.12.18 to avoid disappointment.



Many Thanks to those who have made Donations!

The following names are those who have made donations between Jan and June 2018: (Names are not in any specific order and apologies if any names have been missed)

Donations & Gifts for Chinese New Year and birthdays: Lee Pitkin £1000, Mrs. Leong £200, China City £80 voucher, Wing Yip £100 voucher, Sam Ma £160 voucher, YTChow £100, CYChoong £50, MLee £60, SITam £30, KCWong £50, CYip £80, TCHO £40, SYDong £20, WChung £30, FYChow £20, , SKMak £20, WCCheung £20, CYBac £30, MLLee £30, KSChai £70, KCLau £10, YKChan £15, PRoley £34, SK Law £10

Gift donations: Bank of East Asia, CYip, SITam, KCWong, LHPang, KHo, Sam Ma, Winnie Petterson, LMKong, YTChow. **School scholarship:** Bank of East Asia £300, Mr. EBLim £300. **School summer fete donations:** Vouchers by Sam Ma, Wing Yip, KHo, MRu, MChen, School Parents Group £160 & candy snacks

Luncheon Club For your attention: Luncheon club continues with a healthy menu as priority and delicious soup varieties every Tuesday. The luncheon on Friday has been cancelled and there is only one luncheon per week from 01.04.2018. Lunch is **£4.50 each**. *Please note those who participate in lunch must call **before 11:00** to HCC or visit HCC to register. Special event days e.g. birthdays and other festivals celebration parties will need to buy ticket in advance at **£8.50 each**. ***Food Allergy Notice:** please be advised that food prepared here may contain these ingredients: milk, eggs, wheat, soybean, peanuts, tree nuts, fish and shellfish. Please check with our staff or decide whether you should eat. Any consequences, our centre will not be responsible.



Our Services

Luncheon Club, Birthday & Festival Parties (Tuesday only)

Housing Related Support Advice Service (Mon to Fri by Appointment)

Women / Dancing / Tai Chi Class

Chinese School / Tuition Class

Acupuncture & Massage booking



福如东海 寿比南山

3rd Season Birthday Party

Elder's birthday for the months

Jul to Sept will take place on

Tuesday 10 July 2018



4th Season Birthday Party

Elder's birthday for the months

Oct to Dec will take place on

Tuesday 30 October 2018

Each ticket £8.50



Please remember that the clocks go backward

1 hour on the 28th October 2018

Professional Acupuncturist & Chinese Medicinal Service provided by Dr Sam Ma. **Acupuncture Service times are: Monday 09:00-20:00, Thursday 09:00-12:00 and Friday 09:00-20:00, Wednesday 10:00-13:00** for professional massage by Ms Naoko. Each appointment needs to be booked and is about 45-60 minutes. Fee for each session is **£30 for age above 65, £40 for under 65 and £50 for non-member**. Other than telephone booking, you can also book appointment via our website: <http://www.haringeychinesecentre.org.uk/acupuncture-booking>
***If you wish to cancel an Acupuncture appointment please give us at least 24 hours notice, so that we may offer your appointment to another patient. If you fail to attend an appointment or cancel without giving 24 hours notice, the full session fee will be applied.** (Please note that Dr Ma and HCC have the right to reserve all booking times)

The Monitored Dosage System & Pharmacy Collection Free Service We work with a local chemist who collect all the prescription from the GPs of our service users and packed their medications into blister box system to ensure that they were taking their daily medication correctly and punctually. This system is good for the clients who are taking several different medicines and the need of extra care to take their medication effectively on a routine basis.

Chinese School Summer Fete Special Thanks:

On the day of the summer fete on June 23, with the joint efforts of everyone, it has successfully raised **£439.60**. Special thanks to volunteers Mei Ru, Sau Chun, Ming Kong, School parents and all the teachers for their contribution. The money raised will be allocated to the subsidized school funds.



Health & Wellbeing Self-care Healthy Tai-Chi Class

At a time when quality of life is constantly being improved, people are becoming more aware of health news and are always looking ways to increase their knowledge on how to improve their wellbeing. Professional Dr Sam Ma voluntary teaches 2 sessions per week **Monday and Friday at 6.30pm** on how to practise tai-chi to improve physical fitness and is welcome to everyone! For member age over 65 charge £1 each lesson and £5 weekly for age under 65. The fee is for Sam's travel expenses.



Health Dance takes place every Tuesday from 13:30-15:00.

Everyone is welcome! HCC members are charge 50p per session, Non-members £1 session.

Online Shopping Fundraising, Donations; now raised £1041.06 Thanks to everyone and keep Supporting! You do not have to spend extra and can raise money towards Haringey Chinese Centre/Chinese School

By shopping through the website www.easyfundraising.org.uk, companies will give a fixed percentage of donations to be transferred to HCC's account.



Also use **Easyssearch search engine for a donation**. By using www.easyssearch.org.uk each time to search for information can help HCC gain half a penny as donation. Even though it might not seem like a lot, but over time, it will soon pile up!

*If you have any queries about registering on the website, please feel free to call HCC or come to one of our computer classes, where we will teach you the steps for free how to register on the website for online shopping.

School Tuition Class revises English and Maths. There are 2 classes every Saturday: the first class is from 2-3pm, and the second class is from 3-4pm. Each class has between 5-8 students, each subject taught for an hour. Each student costs £10 for each subject. If a class has less than 5 students, then the class will not start. Payment is made 1 month in advance, if after payment, there is any reason the student cannot attend, no refund will be made. Please call HCC if anyone interested. Also, the current tuition teacher Mr Lim has special arrange a GCSE and A Level Physics program. For more details, please contact Mr Lim.



FREE Housing Related Support Services is funded by Haringey

Council's Home for Haringey for the local Chinese Community. All Service users must register as our members and currently live in Haringey. Be sure to provide true information when using this service. Staff will immediately stop to help if you are providing false information. All advice given is confidential, personal information and individual files are absolutely confidential and kept locked in cabinet at all times. Services include various housing, welfare benefits applications, interpretation/translation of documents; other general help and advice on health, tax credits, utilities and housing repairs etc. Use appointments system: 60 minutes per session; initial needs and support plan will be assessed on first visit and final individual review will be completed at the end of 6 months. Aggressive violent and threatening behaviour towards HCC staff /clients will not be tolerated and will be stopped from using our services with immediate effect. We do not provide advice / help on immigration issues, business related matters or assistance on getting a mortgage/credit reference.

All questionnaires will remain for reference and data records for improving services in future. Please return to Centre after completion. (Please fill in the box ✓ number)

| | Satisfaction | Dissatisfied | Opinion |
|--|--------------------------|--------------------------|--------------------------|
| (1) Overall activities and services? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| (2) The facilities? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| (3) Customer service? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| (4) Any other activities or services need? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

User Survey

If you have any comments, feedback or suggestions of activities or services, please fill in here or add other pages.

If you want to get in touch with us, please fill in your name and contact information here: