



# Recent News



## The Haringey Chinese School new school year starting Sept 2016 is now accepting new students

The School is a non-profit organisation. The School has Mandarin classes which are offered especially to youth to practise the Chinese language and promote Chinese culture. Over the years, our GCSE results have been very good, so much so that we have been awarded the 'Supplementary School Quality Framework Gold Award' by National Resource Centre for Supplementary Education.

**09.09.2017 is the start date of the new school year:** classes are held between 10:30am-12:30pm, school address is still Park View School, N15. This year, we will have only Mandarin classes (Years 1 to IGCSE). Every family which has 2 children or more children registering to study will be entitled to a subsidiary payment made by the School towards the school fees. **Those who pay the school fees before 31<sup>st</sup> July, the school fees cost £185 (excl. textbook fees, IGCSE cost £200) or after 1<sup>st</sup> August, school fees will cost £20 extra.** Also, all who wish to register students must be a member of HCC; **family membership costs £8 per year.** To register, please **attend HCC's office during office hours** to complete an application and pay school fees. For more details, please call HCC on 02088818649.



**Mid-Autumn Festival Celebration Lunch** To celebrate the annual Mid-Autumn Festival which is full of Chinese tradition, HCC will be having a Celebration Lunch on **Tuesday 3<sup>th</sup> Oct. 2017.** Other than a plentiful lunch, we will also be having moon-cakes to celebrate. Welcome for all those who wish to celebrate this festival with us. Ticket price for each person **£7.50**, please book early to avoid disappointment.

**Christmas Celebration Lunch** During December, which is full of Christmas spirit, HCC will be celebrating Christmas on Tuesday 12<sup>th</sup> Dec 2017. There will be plenty of food, raffle prizes and a present for those who attend. Ticket price for each **£7.50**



## Many Thanks to those who have made donations! (Names are not in any specific order and apologies if any names have been missed)

**The following names are those who have made donations between Jan and June 2017: Donations made by:** Lee Pitkin £1000, School Parents Group £150, Mrs. Leong £000, Sam Ma £50, CYChoong £50, SHTham £30, YTChow £100, KCWong £20, CYip £36.80, TCHo £25, Pat £40, SYDong £20, YLLau £20, FYChow £10, SKMak £10, WCHeung £30, KSChan £5, WLee £5, CSChen £20, YMPang £20, MLLee £30, KSChai £40, MCLi £20, KCLau £10, MLee £60, KYu £30, HLin £20, HNg £10, TSLau £20. **School scholarship and sponsorship:** Bank of East Asia £300, Mr. EBLim £300. **Gift donations:** CYip, WCHeung, KCWong, YTChow, LFWong, JMLu. **School summer fete donations:** Spring water by Keith Ho, Chinese buns by Mei Ru, discount vouchers by Sam Ma & Wing Yip supermarket.

**Luncheon Club** Every Tuesday and Friday's luncheon club continues, with a healthy menu as priority and delicious soup varieties. Every last Friday of the month sweet soup substitutes our regular soup. \*Please note those who participate in lunch must call **before 11:00** to HCC or visit HCC to register. Special event days e.g. birthdays and other festivals will need to buy tickets beforehand.

From 3/1/17 Lunch is **£4 each**, Special events lunch costs **£7.50 each**.  
\*Food Allergy Notice: please be advised that food prepared here may contain these ingredients: milk, eggs, wheat, soybean, peanuts, tree nuts, fish and shellfish. Please check with our staff or decide whether you should eat.  
Any consequences, our centre will not be responsible.

**Chinese School Summer Fête Special Thanks** Chinese School Summer Fête was on 24.06.2017, and with everyone working together, we managed to raise £357.30. Special thanks to Mei Ru, Ming Kong, Chun Mak and Catherine Cheung who started preparing all the food very early in the morning! Also thanks to the Parents Association's volunteers who regularly set up a tuck-shop. All above donations will be used towards the School's expenditure.  
Apologies if there are any donor names missing!

## NEWSLETTER

English version-July to Dec 2017

# 夏靈基 華人中心 訊

HARINGEY CHINESE CENTRE  
211 Langham Road, London, N15 3LH

TEL: 020 8881 8649

chinesecentre@btconnect.com

www.haringeychinesecentre.org.uk

Opening hours: Mon-Fri 10:00-17:00

Chair of HCC: Keith Ho  
Centre Manager: Raymond Yip

Charity number : 1051778

Funded By Haringey Council

## Our Services 本中心之服务

Elderly Luncheon Club  
Tuesday and Friday

Housing Related Supporting  
People Advice Service  
Monday to Friday (Appointment only)

Women / Dancing Group

Chinese School / Tuition Class

Youth Club / Activity

福如东海 寿比南山

**3<sup>rd</sup> Season Birthday Party**  
Elder's birthday for the months  
Jul to Sept will take place on  
**Tuesday 22 August 2017**

**4<sup>th</sup> Season Birthday Party**  
Elder's birthday for the months  
Oct to Dec will take place on  
**Tuesday 28 November 2017**  
Each ticket costs **£7.50**

Make Your World Happier

**Professional acupuncturist and Chinese doctor service** provided by Dr Sam Ma. **Times of the acupuncture service are as follows: Monday 09:00-20:00, Thursday 09:00-12:00 and Friday 09:00-20:00** Each appointment needs to be booked and is about 45-60minutes. Fees for each session is **£30 for age above 65, £40 for under 65 and £50 for non-member.** (Professional massage by Naoko). Other than telephone booking, you can also book appointment via our website: <http://www.haringeychinesecentre.org.uk/acupuncture-booking> (Please note that Dr Ma and HCC have the right to reserve all booking times)

\*If you wish to cancel an **Acupuncture** appointment please give us at least 24 hours notice, so that we may offer your appointment to another patient.



**Self-care Healthy Tai-Chi Class** Professional Dr Sam Ma teaches this healthy Tai-Chi class to improve physical fitness and is welcome to everyone! Takes place every Monday and Friday at 18:30. Each session costs **£1** for over 65s; under 65s pay **£5** weekly.



**Health Classes Series**

**Free Healthy Line Dance Exercise Class** Line Dance

Healthy Exercise takes place every Tuesday from 13:30-15:00.

Everyone is welcome! HCC members are 50p;

Non-members cost £1 per session.



**The Monitored Dosage System & Pharmacy Collection Free Service**

This service is specifically offered to the elderly or those who are taking long-term medication, so that you can organise and separate medication safely and effectively. It allows you to clearly organise each tablet, meaning it is easy to know if you have missed a session and avoid situations of taking the wrong medication. The packaging can be thrown away/dispose once finished with. If necessary, HCC will get in touch with professional chemists who can explain the use of the medication, so you can be reassured and that all your details will be kept confidential! For more details, please call HCC.



**Online Shopping Fundraising, Donations Now Raised £804.84**

**Thanks to everyone and keep supporting!**

**You do not have to spend extra and can raise money towards Haringey Chinese Centre/Chinese School**



By shopping through the website [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk), companies will give a fixed percentage of donations to be transferred to HCC's account.

Also use **Easysearch search engine for a donation.** By using [www.easysearch.org.uk](http://www.easysearch.org.uk) each time to search for information, can help HCC gain half a penny as donation. Even though it might not seem like a lot, but over time, it will soon pile up!

\*If you have any queries about registering on the website, please feel free to call HCC or come to one of our computer classes, where we will teach you the steps for free how to register on the website for online shopping.

**School Tuition Class** revises English and Maths. There are 2 classes every Saturday: the first class is from 2-3pm, and the second class is from 3-4pm. Each class has between 5-8 students, each subject taught for an hour. Each student costs £10 for each subject. If a class has less than 5 students, then the class will not start. Payment is made 1 month in advance, if after payment, there is any reason the student cannot attend, no refund will be made. If parents are interested and would like to pay, please call HCC. Also, the current tuition teacher Mr Lim has especially set up a GCSE and A Level Physics tuition class (including Year 10 students). For more details, please contact Mr Lim.



**(HFH) Housing Related Housing Related Support Users' Guide**

Housing Related Support Service is funded by Haringey Council for the local Chinese Community. All service users must register as members and currently live in Haringey. The center will not allow any claims using dishonest data. Be sure to provide true information when using this service. Staff will immediately stop to help if you are providing false information. All advice given is confidential, personal information and individual files are absolutely confidential and kept locked in cabinet at all times. Services include various housing, welfare benefits applications, interpretation/translation of documents; other general help and advice on health, tax credits, utilities and housing repairs etc. Use appointments system: 60 minutes per session; initial assessment completed on first visit to outline needs; individual review completed every six months and signed by users. Aggressive violent & threatening behaviour towards HCC staff /clients will not be tolerated and will be stopped from using our services with immediate effect. We do not provide advice / help on immigration issues, business related matters or assistance on getting a mortgage/credit reference.

All questionnaires will remain for reference and data records for improving services in future. Please return to Centre after completion. (Please fill in the box ✓ number)

	Satisfaction	Dissatisfied	Opinion
(1) Overall activities and services?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(2) The facilities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(3) Customer service?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(4) Any other activities or services need?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**User Survey**

If you have any comments, feedback or suggestions of activities or services, please fill in here or add other pages.

If you want to get in touch with us, please fill in your name and contact information here:



**2017 Holidays: Please note: Itinerary and attractions will depend on time, route, transport situation and other unexpected factors to change as necessary. Please understand and cooperate, especially as travel time is tight, please be on time. Also, according to the law, coaches do not allow babies to sit on parents or carers lap. \*Other than holidays abroad, for all day trips, there will be no refunds after purchasing; you may transfer tickets to a friend but MUST inform HCC 1<sup>st</sup> to change the records. If you are late on the day and miss the coach, there are no refunds!**

**All departure points will be from the Costa coffee shop (opposite Turnpike Lane Tube's Station)**

**(1) Isle of Wight Magic 3 days/2 nights 04/08/2017 £145 per person**

**2 nights dinner bed and breakfast staying at the Medehamstede Hotel,**

£7 per person single room supplement (subject to availability)

What's included and Itinerary as follows – Two nights dinner, bed and breakfast, One excursion - Ventnor, Brighstone & the Needles Park £1 bar between 7.30pm-8.30pm (conditions apply) Entertainment nightly Travel throughout Excursion

Ventnor, Brighstone & the Needles Park Full Day - meandering along the south coast of the island and visiting its traditional seaside towns and villages.

First to the delightful seaside resort of Ventnor, with its quaint harbour, cute beach huts and traditional arcades. We then head along the coast to the pretty village of Brighstone, with a chance to visit the Isle of Wight Pearl to treat yourself to a homemade cream tea or simply to learn all about pearls. Finally we visit the Needles Park where you visit the new visitor centre, watch a glass blower at work, or grab a bird's eye view of the multi-coloured sand cliffs of Alum Bay and the stunning turquoise waters.

Departure times as indicated. Drop off late afternoon/early evening on return • Via main roads and motorways.

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**(2) Newquay Leisure Weekend 4 days/3 nights 20/10/2017 £195per person**

**3 nights dinner bed and breakfast staying at the Sandy Lodge Hotel**

**Holiday Highlights:** Friendly, welcoming locals, stunning Atlantic beaches, exceptional wildlife and awe-inspiring boat trips – there are so many reasons to visit the Isles of Scilly! You can expect some of the most stunning Atlantic-washed beaches in the UK, wildlife to make your jaw drop, fun boat trips, great places to eat and wonderful walks.

**What's included:** 3 nights dinner, bed & breakfast. One excursion to the Isles of Scilly. Time to explore the charming seaside resort of Newquay

Entertainment: Travel throughout **Excursions (can be amended)**

St Ives, Lands End & Penzance - Full Day - to the land of Cornish culture with beautiful beaches and plenty of history! Travelling along the coast, we'll visit St Ives, a beautiful award-winning beach town with talented artists, fantastic shops and interesting museums. Afterwards, we'll pass Lands' End, the UK's most South-Western point with a dramatic blend of rocky cliffs, ocean sprays and dramatic seas. Finally, we'll stop at Penzance, a historic port with stunning views over the sea to St Michael's Mount.. Cornwall & Poldark Country – Full Day – journeying through the famous Cornwall sights featured on the BBC series, Poldark.

First, we'll travel to Padstow, famed for its soaring cliffs and unspoilt views across the beautiful Camel Estuary and Tregirls Beach. The beauty of the wide sandy beach is hard to miss in Poldark's fictional Nampara Cove. Next, we're off to explore the wild Bodmin Moor and the rugged countryside is the perfect partner to the dramatic story lines. Finally, we'll head to Charlestown – near St Austell's – where the original Grade II Listed harbour is the perfect backdrop for this exciting 18th Century drama.

Departure times as indicated. Drop off late afternoon/early evening on return. Via main roads and motorways.

**Please remember that the clocks go backward  
1 hour on the 29th October 2017**

